

# HAIR TRENDS

Here are four original cool and easy styles to inspire you and help get your hair sorted (fashion-shoot-style) in the morning!



**HAIR STYLIST LARA STEER, FROM DSALON IN IBRAGG, SHOWS US HOW TO RECREATE FOUR EASY AND EDGY DIY HAIRSTYLES TO MAKE SURE YOU'RE LOOKING COOL EVERY DAY.**

Your alarm goes off and before you know it you're running late and fretting over what to do with your hair. Well, for starters you need to have a good hair routine: we need to look after our hair just as much as we look after our skin.

A good quality deep cleansing shampoo and an appropriate conditioner are at the base of every good hair day. Treating your hair to a weekly hair mask and scalp massage, as well as to regular trims, is the key to having healthy, beautiful hair. To make things even easier, getting a Brazilian Treatment will banish frizz and help you control your locks even on the most humid of days.



## ◀ THE ULTRA MODERN PARTED PONY

As seen at Fendi Autumn/Winter 2014 this uber cool wrap-over pony can be created quite easily. Start by taking a deep frontal top quiff section, spray and back comb a little, then clip aside. Then, take the sides back sleek and tie into a small pony tail at the centre back. Now release the top quiffed section and comb back and over, creating a very low pony at the nape. Cover the rubber band with a hair section and bobby pin. This look is all about sectioning and creating an ultra modern take on the pony tail with an interesting, fashionably cool twist.

## ▶ THE TWISTED LOW BUN WITH BRAIDED HEADBAND

This chic model look is so easy to create. Wear hair with a middle parting to give more of a model look and a braided head band to jazz up the look. Twist the sides of the hair backwards and gather together into a low ponytail at the nape. Then twist ponytail tightly into a sculpted chic, low bun and bobby pin to secure. Pull bangs out to soften the look and you're ready to go!



## ◀ THE BOHO STYLE CUFFED PONY

This super easy look is all about the texture in the hair and the cuff. Ponytail cuffs are really trendy at the moment. Start by blast drying some sea salt spray through the hair lengths to create a tousled texture. Then simply tie your hair into a low pony tail, gently ruffle up the front with your fingers a little to create softness and put a cuff on it to jazz it up!

## ▶ THE TOUSLED BUNCHED LOW PONY

Sprinkle volumising dust onto lengths of hair to achieve a workable texture as well as to swell up the hair and make it feel fuller. Now, this can be really easy if you use transparent, ultra fine rubber bands because then you won't have to bother covering the bands with hair. Start by tying the hair into a casual low ponytail and tie in three rubber bands equidistantly to the end of the tail. Then swell up the spaces in between the the hair ties by gently pulling out hair with your fingers. Soften the look by pulling down bangs to achieve a casual cool finish and you're all set!

